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## Some Medicinal and Aromatic Plants at Kastamonu

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### Abstract

Medicinal and aromatic plants have been a treatment method frequently used by human beings for a long time. These plants are still taken as food supplements and/or medicines today. In this context, raspberry, hawthorn, aronia, bearberry, honeyberry, blackberry, wild strawberry, tamarind, mulberry, currant, giraburu, jujube, kumquat, black elderberry, buckthorn, black berry, cranberry, goji berry, bird apple, rose hip, licapa. Biochemical properties, usage areas and growing conditions of medicinal and aromatic plants such as , medlar, mountain ash, sloe and wild buckthorn ... are examined. These plants, which grow widely in the Black Sea region, are considered a source of healing. The place where these plants grow, geographical conditions and climatic conditions are discussed. It is thought that new research conducted in the light of this information will contribute to the literature.

**Key Words:** *Plants, Medicinal and Aromatic Plants, Biochemical Activity*

